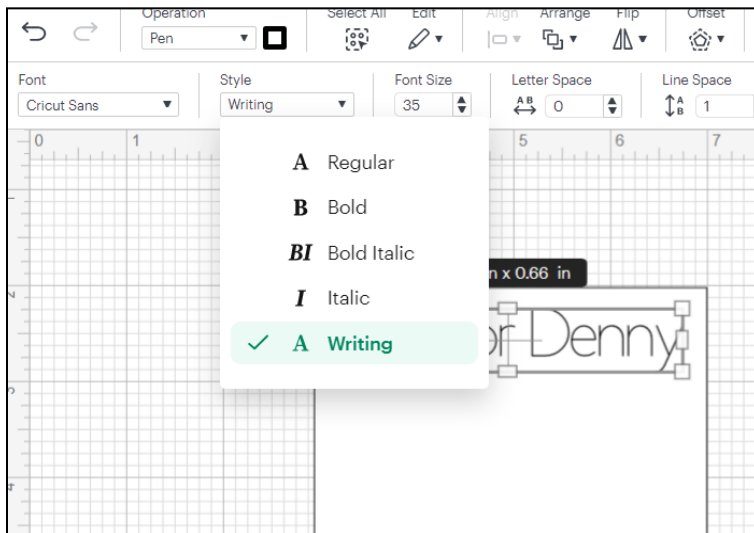# Self-Regulation Break Ticket

Materials:

- Cardstock (medium weight) that is cut to letter size (8.5 x 11 inches)
- Printer
- Device with Cricut Design Space installed
- Cricut Maker 3
- StandardGrip mat
- Brayer (optional)
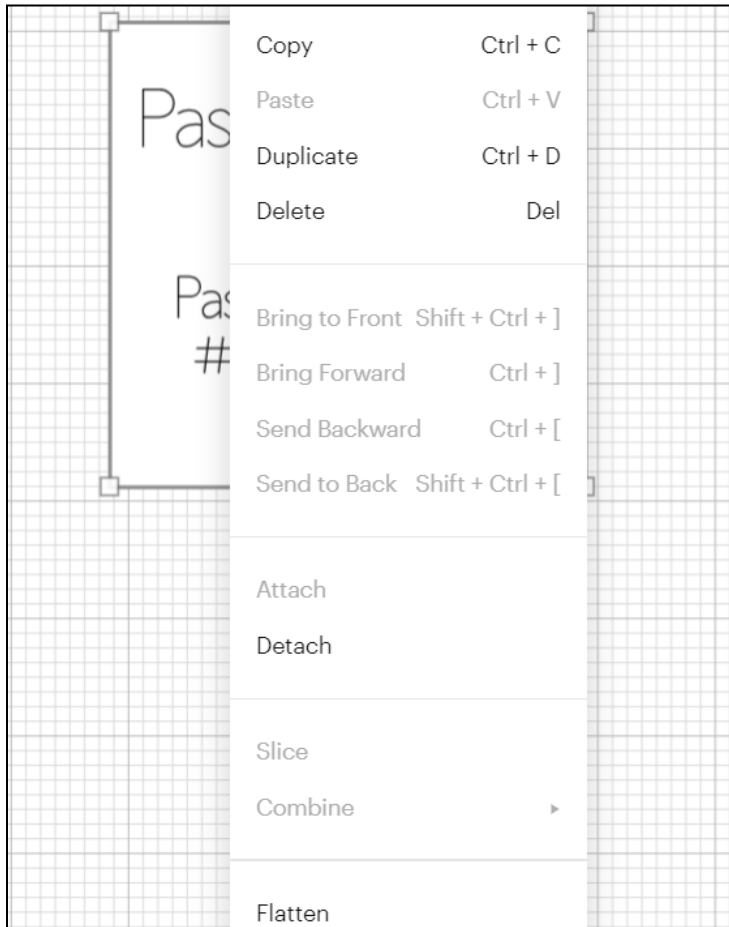- Perforation blade (#11)
- Fine-point blade

Designing the Ticket Sheet:

1. Start with a blank canvas in Cricut Design Space.
2. Add the overall shape you want the entire ticket sheet to be and change the color to reflect the color cardstock you are using.
3. Add text to the canvas and move it to the desired place. Change the text style from regular to writing. This will automatically change the operation type to pen. This is okay even though the printer will be doing the work for us.

4. If you would like to add images, upload or add images that can be performed with the print then cut operation. Scale and move these images to the desired place.

5. Select all objects. Right click and select "attach."

6. Once you have attached the images and text to the object, highlight the entire ticket sheet again. Right click on the design and select "flatten." Now you will notice that instead of 5+ functions on the right layer panel there is only one function, "print then cut" and only one layer. This step is essential to ensure that the machine only cuts the original shape and does not cut out any text or images that we have added.
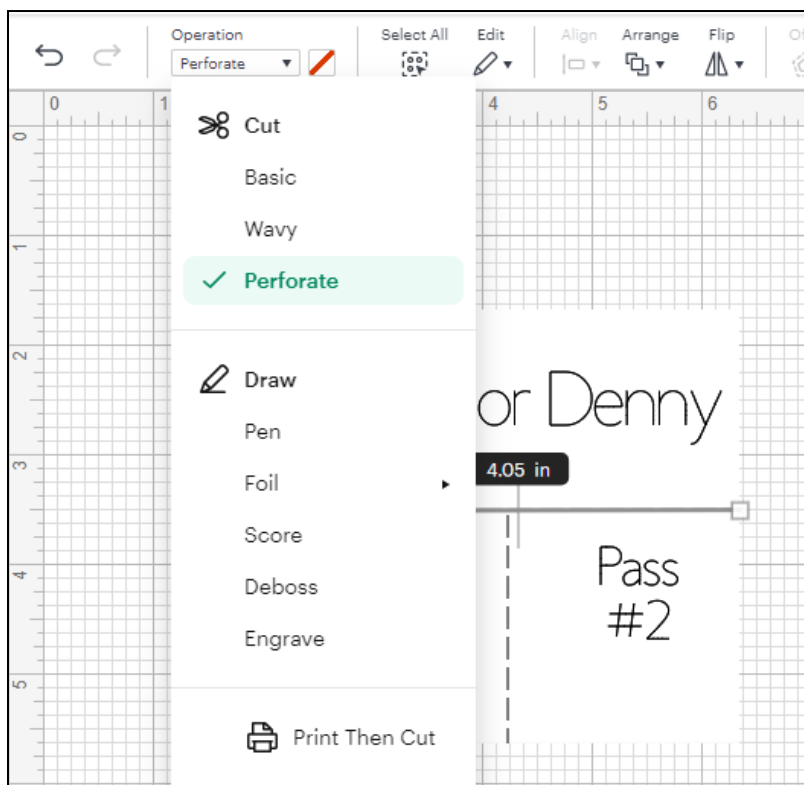

Creating Tickets:

1. To add perforation lines, go to shapes and insert a scoring line. Move the scoring line to the place where you want the ticket to rip off. Click on the scoring line and change

the operation type to perforate. This will create clean tearable tickets. Repeat this process as often as necessary until the desired number of tickets has been created. If the perforation lines are all the same size, you can simply duplicate the line once you have changed the operation type. If scoring lines are different sizes, you will need to add and change each one individually.

2. Once all perforation lines have been added, select the entire ticket sheet. Make sure all perforation lines are highlighted during the selection process. Right click and select attach. Now you should see two operations on the side. One for perforation lines and the other for print then cut.
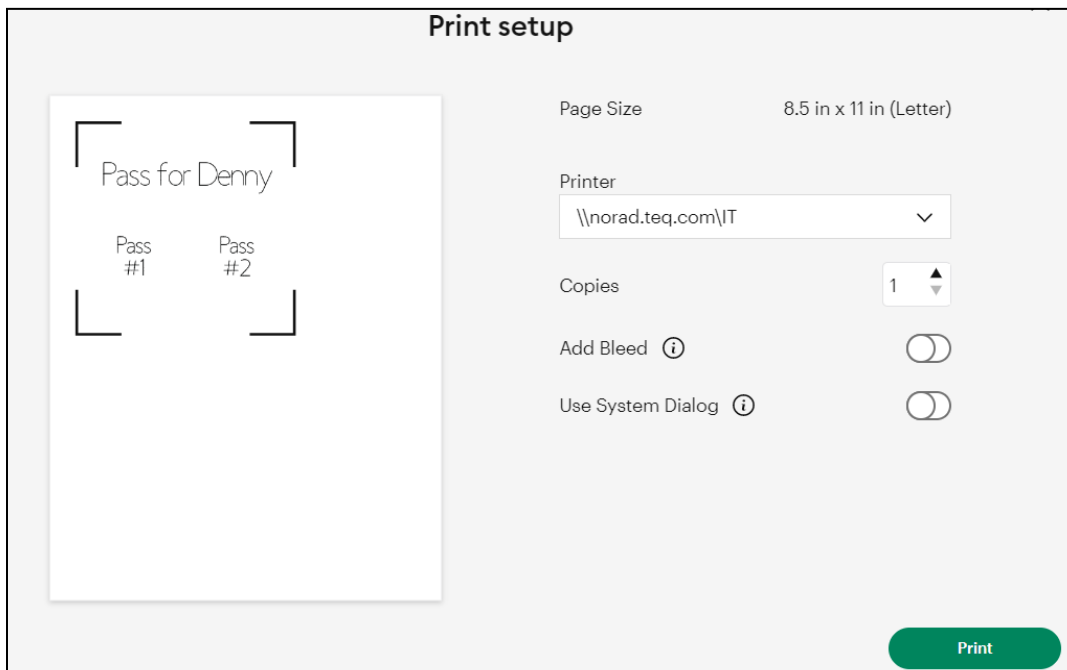
Cutting the Ticket Sheets

1. Once the design has been finalized, select "Make"
2. Select to create the design on the mat.
3. Select the number of project copies you will need.

4. To check that you have done it correctly, you should only see "print then cut" and "perforate" as the only operations on a single mat and a black box around the area to be cut.
5. Confirm that all the details are correct and then click "Continue"
6. The first step will be to print the tickets. When printing, toggle off the "add bleed" option since we will not be cutting out the letters. Place the cardstock in the printer.

7. After printing, select the material type as medium cardstock. You should see the load/unload button flashing and you will be prompted by the software to insert the perforation blade into clamp B. Insert the perforation blade.

8. Use the brayer (or hands) to securely attach the cardstock to the StandardGrip mat.

9. Place the mat with the paper onto the machine, within the material guides, and press the flashing load/unload button.

10. The machine will take up the material and measure the mat length.

11. Once this scanning process is complete, the go button will flash. Press the go button. The machine will first scan the material and detect the correct blade. Once the scanning and detection process is complete, the blade will make all the perforations.

12. After all the perforations have been created, the blade housing will stop moving and the design space software will prompt you to take out the perforation blade and replace it with the fine-point blade. You will notice the go button flashing again.

13. Swap the blades. Once the fine-point blade has been secured in clamp B, press the go button. The machine will detect that the correct blade is in place and make any cuts in the design.

14. When the entire project is completed, the load/unload button will flash. Press it to remove the mat.

15. Peel off the excess material and then carefully remove the ticket sheet you have created. Now you should have a perfectly cut design with tearable tickets!